



## Annual Woodside High School Triathlon

**Woodside High School Physical Education Department will host its annual triathlon for all 9<sup>th</sup> graders! The triathlon will consist of a 200 yard swim, 2 mile bike race and 1 mile run!**

### **Purpose of the fundraiser**

It is the vision of the Physical Education Department at Woodside High School to provide students with relevant, exciting and motivating exposure to many different forms of physical activity. It is the Physical Education teachers' hope that students will find activities that they will pursue for a lifetime. In order to accomplish this goal, we have installed many exciting curricular units at Woodside High School and have ideas for many more activities.

We currently are one of only a few high schools in California that provides an interactive fitness center to motivate students. Our goal is to raise 25,000 through this fundraiser to support the upkeep and addition of new and exciting equipment in our state of the art fitness center. We also have plans to revamp the free weight/power lifting weight room with new equipment to support both our physical education students and athletes at Woodside High School.

We would also like to be able to offer students new and exciting electives to take at Woodside High School that may include outdoor adventure (orienteering, team building, hiking, etc) and exposure to water sports (kayaking, scuba diving) and much, much more!

Your donation will provide you with exposure to the 500 plus students and their families who will be participating in this event. Your company will benefit in many ways:

1. Product/Free advertising to the participants/volunteers.
2. Your company's logo on our event t-shirt.
3. Possible newspaper/television exposure through the local news covering the event.
4. A tax write-off because we are a non-profit school.
5. All sponsors are listed on our school website.
6. A thank you letter and certificate of appreciation for making this event possible.

**We are looking for businesses to help sponsor this event at any level. The Woodside High School PE department will offer prize incentives (prize levels and raffle entries for money**

earned-ex. gift certificates, coupons, product freebies) and race day products at beverage/refreshment stations, Please consider making a monetary donation or donation that can be used as consumables on the day of the triathlon, as a prize incentive for students, or refreshments for the participants.

If your company would like to support the Woodside High School Physical Education Department, please fill out the form below, email or call us today! As soon as your donation is received we will send your thank you letter and certificate. If you would like a t-shirt please indicate your size when making your donation.

3 ways to donate:

1. Fill out the form below and mail form and donation/product to: Woodside High School Physical Education Department Attn.: Laura Perdikomatis 199 Churchill Ave. Woodside, CA 94062
2. Email us with your commitment and we will pick up donation/product for you: please email Laura Perdikomatis at [lperdikomatis@seq.org](mailto:lperdikomatis@seq.org)
3. Call and pledge you donation and we will pick up your donation when it is ready: Laura Perdikomatis 650-367-9750\*43705

Yes! I would like to support healthy lifestyles in my community!

Count me in for \_\_\_\_\_ dollars

Count on the following product for prize incentives or consumable on the race days:

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Yes! I would like a T-shirt:

Size: \_\_\_\_\_